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**Mental Health Pack Drawing Competition - Embrace Creativity, Embrace Unity**

At Mental Health Pack, we are committed to fostering a world where mental health is understood, supported, and celebrated. Our drawing competition is a testament to this commitment, aiming to create awareness and destigmatize mental health on a global scale.

**Submission Guidelines:**

We invite all residents of Australia aged between 0 to 12 years to unleash their artistic talent and contribute to a brighter, more inclusive future.

Theme: "You Are Not Alone": This year's theme encourages participants to delve into the concept of unity amidst diversity. Through your artwork, explore the idea that despite our unique challenges, we are united in our journey.

Express Your Unique Perspective: Your artwork could be a visual representation of your personal experiences, reflections on nature's wonders, Australia's rich landscapes, captivating wildlife, or anything else that resonates with the theme. It's your canvas to express your creativity!

**How to Enter:**

1. Create a visual masterpiece that embodies the theme **"You Are Not Alone."**
2. Capture your artwork in a clear photograph.
3. Fill out the submission form below with accurate details.
4. Attach the photograph of your artwork along with the completed form and email to admin@mhpack.com.au

Submission Deadline:

All entries must be submitted by [Submission Deadline Date].

By participating, you not only stand a chance to showcase your artwork to a wider audience but also contribute to the important conversation surrounding mental health.

Join us in embracing creativity and unity through art. Let's redefine the narrative around mental health, one brushstroke at a time.

[Submission Form Below]

**About Mental Health Pack:**

Mental Health Pack is dedicated to promoting mental well-being, fostering open conversations, and offering valuable resources to support individuals in their mental health journey.

For any inquiries, please contact admin@mhpack.com.au

#MHPPaintingCompetition #YouAreNotAlone

**Before applying, please read the terms and conditions.**

**Closing Date is 31 August 2023**

Please print neatly in blue or black pen or type your responses and submit your application via email at admin@mhpack.com.au

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| **Parent/Guardian’s Contact details**  |
| **Name and age of entrant** |       |
| **Suburb** |       |  | **Postcode** |       |
| **Email** |       |  |  |  |

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| **Artist Statement** |
| Your Artist Statement is a short summary of the ideas explored in your artwork.  |
| 1. **Artwork Name**
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|       |
| 1. **Artist Name**
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| 1. **Tell us how your artwork addresses this year’s theme: You are not alone**
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| To participate in our competition, entrants will need to abide by the following terms and conditions. 1. Submissions close at 11:59 pm on the 31st of August 2023.
2. All submitted works must relate to this year’s theme: ‘You are not alone’.
3. Your submission must be your own work. Artists who falsely submit the works of others as their own will be disqualified.
4. Entries that do not include a completed Submission Form may not be accepted.
5. Winner will be announced on **LinkedIn** September 15th, 2023.
6. Multiple submissions may be entered for consideration in this competition.
7. Mental Health Pack reserves the right to use photos of submissions for advertising, marketing, and promotional purposes. This may include, but is not limited to photos of artworks, news stories, media coverage, videos, marketing material, website, and publications and our merchandise range.
8. Artworks must not include promotional material. This includes logos, branding, or other forms of visual advertising. Works that contain promotional material may be disqualified.
9. Mental Health Pack is an inclusive organisation. Submissions that include ableist, sexist, racist, homophobic, or hateful content will not be considered and will result in a ban from future competitions.
10. Works including profanity, profane items, or profane imagery will not be considered.
11. The decision of our judge is final, any attempt made to contest or dispute the results of this competition with either Mental Health Pack or the judges, will result in instant disqualification and a ban from future exhibitions.
12. Frequent resubmissions of works that breach the Terms and Conditions will result in a ban from future promotions.
13. Mental Health Pack reserves the unconditional right to postpone or cancel the competition and winner announcement at will.
14. Winner will be advised by email, in confidence.
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| 1. Completion of the Submission Form indicates permission for images to be re-produced by Mental Health Pack for promotional purposes. This includes future promotion of the competition as well as promoting the many ways MHP supports people with mental health disorders such as depression and anxiety.
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| [ ]  **I have read and understood the Terms and Conditions of this Exhibition and I agree to abide by its rules of entry.**[ ]  **My work does not breach the Terms and Conditions of this Exhibition. I understand that submitting artworks that violate its rules may result in a ban from this and future competitions.** |
| **Name:** |       |
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| **Date:** |       |

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| **Signature:** |  |

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| **Authorisation** |
| **[ ]  The information supplied in this application is correct to the best of my knowledge.****[ ]  I understand the terms and conditions of this competition. I also understand and agree that Mental Health Pack may use my artwork for publication purposes. This may include photos, videos, and images of my work, for the purposes of promotional material.***Applicant – As you are under 18 years of age, you must get your parent or guardian to sign below.* *To sign these forms, please double-click on the crossed line, and type your name into the digital signature box.***Applicant** |
| **Your name (print)** |       |

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| **Signature (Double Click)** |  |

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| **Date Signed** |       |  |  |
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**Parent or Guardian (If Under 18)**

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| **I am the parent/guardian of** |       |  |
| **Name of signatory** |       |

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| **Guardian’s Signature (Double Click)** |  |

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| **Date Signed by Signatory** |       |